



Saaptahik

And the Festivals Have Arrived

There’s a little shift in the air around this time of year.

The festive season is beginning to stir, and the coming weeks bring a wonderful mix of celebrations — Onam, Eid-e-Milad, Raksha Bandhan and more waiting just around the corner.

Onam brings beautiful pookalams of fresh flowers and the joy of a harvest celebration. Eid-e-Milad brings prayers, gatherings and remembrance.

And Raksha Bandhan brings siblings together with a simple thread, warm wishes and, naturally, something sweet.

Each celebration has its own story, its own traditions and its own way of making an ordinary day feel a little special.

The flowers appear. The sweets start making their way home. Kitchens get a little busier. Invitations begin arriving. And perhaps that's what we love about this time of year.

The festive season has quietly begun — and there is plenty to look forward to. 



A little bit of home has found its way here.

THIS WEEK

- **Before Summer Slips Away** **02**
Making the most of those golden days before the season begins to turn.
- **Did You Know?** **02**
The Canadian connection behind one of the world's favourite games.
- **Share with Saaptahik** **02**
Have a story, idea or discovery you'd like to share with our readers?



◆ Seasons

Before Summer Slips Away

There's still a little summer left to enjoy.

Late August has a funny way of making us notice summer.

The days can still be warm, but the evenings are beginning to carry a little chill. Light jackets are making their way back into the routine, and somehow, we start realizing that summer is quietly moving along.

There are still farmers' markets to wander through, patios to sit on, trails to explore and those wonderfully unplanned evenings when nobody is quite ready to go home.

It's easy to start thinking about what comes next – school, routines, cooler mornings and the changing season.

But perhaps we can leave that for another week.



For now, there is still time for one more picnic. One more swim. One more ice cream after dinner. A walk that takes longer than planned. A drive with nowhere particular to go.

Summer doesn't need a grand finale. Sometimes, making the most of it simply means noticing what is already here.

So before summer slips away, leave a little room in the calendar for it. ☀

◆ Did you Know

Basketball was invented by a Canadian. 🏀

James Naismith, born in Ontario, created the game in 1891 while working as a physical education instructor in Springfield, Massachusetts.

The first game was played using peach baskets as goals – giving us one of the world's most popular sports today.

◆ Share with Saaptahik

Have something you'd like us to share?

Have a story, an interesting idea or something you think our readers might enjoy?



Tell us about it. **We'd love to hear from you.**

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