

Saaptahik

It Takes Friends to Make a Celebration

There’s a little more to Janmashtami than the pot at the top

Depending on where you grew up, you may remember Janmashtami a little differently. But there is a common thread in all those celebrations: **Bal Kishan, his playfulness, and his *toli* – his friends.**

Whether it’s people singing hymns in temples till midnight, *tolis* visiting pandals and jhankis, or Dahi Handi – quite literally a live demonstration of friends you can trust, coming together and building each other up.

When a human pyramid is being built to reach the Dahi Handi, nobody stops to ask who is standing on whose shoulder. There is only trust, teamwork and a whole lot of cheering.

The person at the top may break the handi, but the celebration belongs to the whole *toli*. And perhaps the most important people are the ones at the bottom – the ones strong enough to form the foundation.

Maybe that is the little reminder Janmashtami brings with it: **have fun, stay together and build each other up.** 🍯



Dahi Handi — a celebration built on friendship, teamwork and trust.

THIS WEEK



Night at the Ex **02**
*The CNE is in its final stretch, and we’re heading there together. **Join Us.***



Did You Know? **02**
Canada’s coastline is longer than the combined coastlines of the U.S. and three other large countries.



Share with Saaptahik **02**
*Have a story, idea or discovery you’d like to share with our readers? **We’d love to hear it.***



Community

Night at the Ex

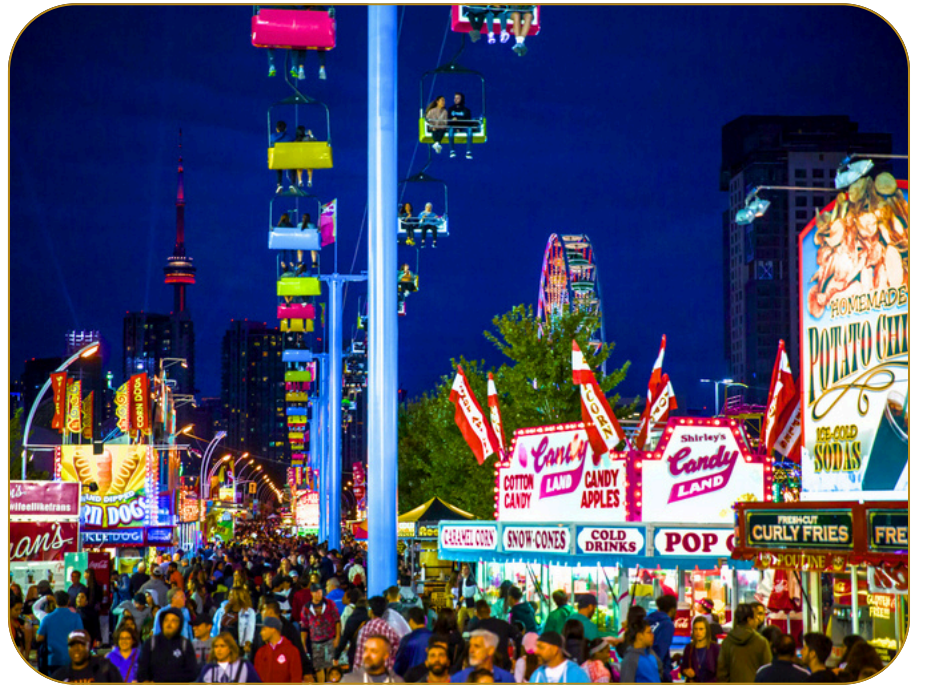
The “time-travelling” journey with the CNE

The CNE is a very Canadian piece of summer tradition. It is the largest and one of the longest-running annual events in Canada, and one of the top five fairs in North America.

The 2026 CNE runs until September 7, so there’s still time to make your own CNE memory before this year’s Ex closes its gates.

If you’ve been saying, “I should go to the Ex this year,” this might be the night to finally do it — especially if you like the idea of going with some fun and interesting company. Some of us from the Toronto Desi Meetup group are going to the CNE on Tuesday, September 1.

We’re planning to explore the CNE until it closes at midnight. You can come along for the whole evening, or join us whenever you can.



If you’d like to join us, you’re welcome to join the group for free and RSVP for the event [here](#).

It has something for everyone — from thrilling rides to leisurely walks, from animal shows to science exhibits, from food to music and much more — even the Canadian International Air Show. No wonder it’s been part of Canadian summers for 145 years, eh?

Hope you’ll join us on this time-travelling journey.

Did you Know?

Canada has the longest coastline in the world

Canada’s coastline stretches 243,042 km, including the mainland and offshore islands along the Atlantic, Pacific and Arctic oceans.

To put that in perspective, that’s more than the combined coastlines of Indonesia (54,716 km), Russia (37,653 km), the United States (19,924 km) and China (14,500 km).

Share with Saaptahik

Have something you'd like us to share?

Have a story, an interesting idea or something you think our readers might enjoy?



Tell us about it. **We'd love to hear from you.**

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